

# Year 5/6 Homework- Express Yourself

	Task option 1	Task option 2
<b>Remember</b>	To perform 5 kind gestures, record in your homework book.	Interview one of your recipients as to how your kind gesture made them feel. Also include how you felt. Were you surprised by their reaction?
<b>Understand</b>	Research 5 different foods and their healing properties.	Think of a dish which makes you feel happy. Create this dish for a family member. Photograph each stage and interview your guest asking if it made them feel happy?
<b>Applying</b>	Design a poster highlighting the different forms of bullying.	Prepare a presentation for an anti-bullying assembly. (This can be completed in pairs or a small group)
<b>Analysing</b>	Choose an item or symbol which has an emotional significance to you. Draw the item and describe how it makes you feel.	Investigate symbols from around the world and explain their emotional significance eg. Can one symbol represent different thoughts to different people?
<b>Evaluating</b>	Listen to a variety of different musical artists from around the world. Write down songs which create different emotions within you.	Compose a piece of music which evokes a certain emotion or takes you on a journey of different emotions. Can be performed in pairs/small group.
<b>Creating</b>	Which part of our playground do you feel needs improving? Draw and describe your design.	Design a mood board for one area of the playground you would like to improve. Include photographs and cuttings.