

Food Policy for Tranmere Park Primary School

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Ethos
<p>To ensure all aspects of food and nutrition in school promote the health and well-being of pupils, staff and visitors.</p> <p>To recognise that healthy eating promotes pupils' ability to learn effectively and achieve high standards in school.</p>
Objectives
<p>To ensure all pupils, staff, governors and parents/carers are provided with the correct information in order to make healthy choices and are informed of new developments and initiatives related to healthy eating.</p>
How the Policy is implemented
<p>The school lunch menu is designed to comply with the new Food Standards (Jan 15). A large proportion of food for lunches is sourced locally and organically. The school gardening club provides produce for use in the school kitchen. Healthy choices for packed lunches are encouraged through newsletters to parents and regular discussions with pupils. Food provision reflects the ethical, cultural and medical requirements of all pupils. A daily tuck shop provides healthy snacks in accordance with the new Food Standards (Jan 15). All food served at Before and After School Club complies with the new Food Standards (Jan 15). Tranmere delivers a curriculum that develops and reinforces positive nutritional messages throughout a pupil's school life. Curriculum planning ensures the required time spent developing cooking skills (12 hours per yr.) is covered by all year groups. All KS1 pupils are offered a free school lunch in accordance with government policy. Drinking water is freely available throughout the day to all members of the school community. A "Food Record" book is available at lunchtime for pupils to record views on school lunches. Farm visits are carried out by all Key Stages to increase knowledge and awareness of where our food comes from and the processes involved in the journey "from farm to plate." A Food for Life partnership is being developed with a partner farm (Thornhill Farm) which will enable all pupils to take part in a programme of farm-based activities throughout the farming year. Tranmere encourages pupils to take part in national initiatives promoting healthy eating e.g. the "Swapathon Healthy Eating Challenge." The School Food Ambassadors initiative was launched in school (April 15) Food Ambassadors have been appointed. The Ambassadors will attend the relevant training and work closely with staff, the school council and school cook to promote healthy eating and ensure that standards are being met.</p>
How we assess the Food Policy

School has achieved "Healthy School" status which is assessed on a yearly basis.
School has achieved "Food for Life Silver Award" and is currently working towards Gold standard.

How we monitor the Food Policy

Two named members of staff and the senior leadership team are responsible for monitoring that the policy is upheld.

A Packed Lunch Policy in accordance with the new guidelines (Apr/May 15) is currently being produced and will be used to monitor packed lunches.

The Food Ambassadors will assist with the monitoring of the policy.

Health & Safety (Refer to general school health & safety policy (who is schools H&S officer) refer to 'Be Safe' & where kept in school

The school follows the guidelines of the "Be Safe" booklet for all general health and safety issues connected to Food. This is kept in the staffroom. In addition, staff should refer to the Health & Safety policy. During their time here, pupils are taught the importance of safe handling of tools and equipment and encouraged to assess and minimise risks with increasing independence.

Please refer to these additional policies to supplement this one: equal opportunities, SEN, PHSE, Physical Education and Packed Lunch.