



Tranmere Park Primary PSHE Long Term Plan

PSHE Education remains a non-statutory subject. However, The National Curriculum (September, 2014) states that all schools:

- must provide a curriculum that is broadly based and balanced and which meets the needs of all pupils
- promote the spiritual, moral, social, cultural, mental and physical development of pupils at the school and society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life
- should make provision for personal, social, health and economic education (PSHE) drawing on good practice.

PSHE education is also of paramount importance to pupil safeguarding. The Ofsted inspection Framework states; *'The responsibilities placed on Governing Bodies and proprietors include; making sure that children are taught about how to keep themselves safe.'*

DfE guidance on PSHE education also advises that; *'schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the National Curriculum, the basic school curriculum and in statutory guidance on; drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle'.*

We have chosen to take our PSHE curriculum from the Islington primary scheme of work for PSHE Education, Year 1-6. The scheme provides a clear and progressive PSHE curriculum. The PSHE curriculum has been divided into 7 different strands:

- Sex and relationship education (SRE)
- Drug, alcohol and tobacco education (DATE)
- Physical health and wellbeing
- Mental health and emotional wellbeing
- Keeping safe and managing risk
- Careers, financial capability & economic wellbeing
- Identity, society and equality



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Annual Cycle

KS1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Physical health and wellbeing Fun times	Mental health and emotional wellbeing Feelings	Careers, financial capability and economic wellbeing My money	Identity, society and equality Me and others	Drug, alcohol and tobacco education What do we put into and on to our bodies?	Keeping safe and managing risk Feeling safe
Year 2	Physical health and wellbeing What keeps me healthy?	Mental health and emotional wellbeing Friendship	Sex and relationship education Boys and girls, families	Sex and relationship education Boys and girls, families	Drug, alcohol and tobacco education Medicines and me	Keeping safe and managing risk Indoors and outdoors
LKS2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Physical health and wellbeing What helps me choose?	Mental health and emotional wellbeing Strengths and challenges	Careers, financial capability and economic wellbeing Saving, spending and budgeting	Identity, society and equality Celebrating difference	Drug, alcohol and tobacco education Tobacco is a drug	Keeping safe and managing risk Bullying – see it, say it, stop it
Year 4	Physical health and wellbeing What is important to me?	Identity, society and equality Democracy	Sex and relationship education Growing up and changing	Sex and relationship education Growing up and changing	Drug, alcohol and tobacco education Making choices	Keeping safe and managing risk Playing safe
UKS2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	Physical health and wellbeing In the media	Mental health and emotional wellbeing Dealing with feelings	Careers, financial capability and economic wellbeing Borrowing and earning money	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia)	Drug, alcohol and tobacco education Different influences	Keeping safe and managing risk When things go wrong
Year 6	Identity, society and equality Human rights	Mental health and emotional wellbeing Healthy minds	Sex and relationship education Healthy relationships/ How a baby is made	Sex and relationship education Healthy relationships/ How a baby is made	Drug, alcohol and tobacco education Weighing up risk	Keeping safe and managing risk Keeping safe - out and about FGM

The red flag demarcates lessons which link directly to safeguarding 