

OUR LOCAL AVSED HERO!



5 year old Danny from Yeadon took on the challenge in lockdown to learn to ride his bike. He did that everyday for a month and clocked up an amazing 90 miles!!!

He has since raised over **£400** for AVSED.

What will your challenge be?

We need the support of our community to help us keep our services going, and to help us adapt and change what we can offer now the COVID-19 outbreak has suspended our normal social gatherings.

You can raise anything from 22p to £22 to £222 or as much as you can. Every penny helps!!!



YOU CAN DO THE AVSED 22!

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facebook.com/avsedaireborough
www.avsed.org.uk
Charity number: 1165792

For more information and to download sponsor forms, please visit our facebook page