

Year 5/6 Homework- Express Yourself

	Task option 1	Task option 2
Remember	To perform 5 kind gestures, write down a record of what they were.	Interview one of your recipients as to how your kind gesture made them feel. Also include how you felt. Were you surprised by their reaction?
Understand	Research 5 different foods and their healing properties.	Think of a dish which makes you feel happy. Create this dish for a family member. Photograph each stage and interview your guest asking if it made them feel happy.
Applying	Design a poster highlighting the different forms of bullying.	Prepare a presentation for an anti-bullying talk. (This can be completed in pairs or a small group)
Analysing	Choose an item or symbol which has an emotional significance to you. Draw the item and describe how it makes you feel.	Investigate symbols from around the world and explain their emotional significance e.g. Can one symbol represent different thoughts to different people?
Evaluating	Listen to a variety of different musical artists from around the world. Write down songs which create different emotions within you.	Compose a piece of music which evokes a certain emotion or takes you on a journey of different emotions and record your performance. Can be performed in pairs/small group.
Creating	Which part of our playground do you feel needs improving? Draw and describe your design.	Design a mood board for one area of the playground you would like to improve. Include photographs and cuttings.