

LKS2 Topic Homework - Chocolate



Please complete a minimum of two tasks per half term to be returned no later than Friday 11th December. You may present your work in any way that you wish. We look forward to seeing some of your amazing creations! Have fun!

	Task option 1	Task option 2
Remember	Find out about the top 5 chocolate producing countries.	Can you find out which of the current chocolate brands has been around the longest?
Understand	How is white chocolate made?	Identify fairtrade products that you have at home. What is fairtrade?
Apply	Can you design a healthy dish that includes chocolate? (see the Eat well Plate)	Design a disgusting chocolate bar- what ingredients would you include?
Analyse	Compare your daily diet with the Eat Well plate - http://www.food.gov.uk/scotland/scotland/eatwellplate	How much exercise would you need to do to burn off the calories (energy) in a small chocolate bar?
Evaluate	Which chocolate bar contains the most energy (calories) per hundred grams? Look at food labels to help you work it out.	Could you live on chocolate alone - find out what you need in your diet that chocolate doesn't provide.
Create	Design and make your own chocolate bar.	Design a poster that promotes healthy eating - not too much chocolate!