

Overview of SRE Curriculum - Key Stage 1

Learning intentions and outcomes for RSE – Year 2

	Lesson Focus	Learning Intention	Learning Outcome
Year 2	Girls and Boys can.....	Children learn to understand and respect the differences and similarities between people	<ul style="list-style-type: none"> • Children are able to define difference and similarity • Understand that boys and girls can both do the same tasks and enjoy the same thing; but that stories, TV and people sometimes say that boys do this and girls do that
Year 2	What is Male and Female?	Children learn the biological differences between males and female animals and their role in the life-cycle	<ul style="list-style-type: none"> • Children can describe some of the biological differences between male and female animals • Understand that the creation of new life requires a male and a female • Children learn that female mammals give birth and nurse their young
Year 2	Labelling Male and Female Bodies	Children learn the biological differences between male and female differences between male and female children	<ul style="list-style-type: none"> • Children can identify and name the main male and female sex parts • Understand that the male and female sex parts are related to reproduction • Children are able to label the main male and female sex parts with confidence
Year 2	Human Life Cycle	Children learn about growing from young to old and that they are growing and changing	<ul style="list-style-type: none"> • Children understand that all living things including humans start life as babies • Children identify key stages in the human life cycle • Children understand some ways that they have changed since they were babies
Year 2	Everyone Needs Caring For	Children learn that everybody needs to be cared for and they can care for others	<ul style="list-style-type: none"> • Children identify ways that they can show care towards each other • Understand that we all have different needs and require different types of care • Understand the links between needs, caring and changes throughout the life cycle
Year 2	Special and Different - Families	Children learn about different families and the ways in which their home life is special	<ul style="list-style-type: none"> • Children can describe different types of families • Understand that families care for each other in a variety of ways • Children can identify what is different and special about their home life

Overview of SRE Curriculum – Lower Key Stage 2

Learning intentions and outcomes for RSE – Year 4

	Lesson Focus	Learning Intention	Learning Outcome
Year 4	Growing and Changing	Children learn about the way we grow and change throughout the human life-cycle	<ul style="list-style-type: none"> • Children can identify changes throughout the human life-cycle • Understand that change is on-going • Understand that change is individual
Year 4	Puberty - How our bodies change	Children learn about menstruation and wet dreams	<ul style="list-style-type: none"> • Children are able to define puberty and start to know that it occurs sometime between 8-17 that turns us from children to young adults • Children identify the physical changes associated with puberty • Understand that everyone's experience of puberty is different and that it begins and ends at different times
Year 4	Understanding Menstruation and Wet Dreams	Children learn about menstruation and wet dreams	<ul style="list-style-type: none"> • Children describe menstruation and wet dreams • Understand the relationship between the sex cells (sperm and ovum), menstruation and wet dreams • Know and can explain effective methods for managing menstruation and wet dreams
Year 4	Changing the Way We Keep Clean	Children learn about the impact of puberty on physical hygiene and develop strategies for managing this	<ul style="list-style-type: none"> • Children can explain how changes at puberty affect body hygiene • Children describe how to care for their bodies during puberty • Children recognise the similarities between the needs and wants of boys and girls and challenge gender stereotypes around hygiene and grooming
Year 4	Changing Feelings and Changing Lives	Children learn how puberty affects emotions and behaviour Children learn different strategies for dealing with the changes associated with puberty	<ul style="list-style-type: none"> • Children are able to describe how feelings and behaviour change during puberty • Understand how changes during puberty can affect relationships with other people • Children develop strategies for managing these changes

Overview of SRE Curriculum – Lower Key Stage 2

Learning intentions and outcomes for RSE – Year 4

	Lesson Focus	Learning Intention	Learning Outcome
Year 4	Felling, Thinking and doing – Changing Relationships	Children learn strategies to deal with feelings in the context of relationships	<ul style="list-style-type: none">• Children identify feelings and understand how they affect our behaviour• Show awareness that feelings change during puberty and these changes can affect our relationships• Can practise for managing some of these relationships and changes• Can empathise with other people's feelings in relationships, including parent and careers
Year 4	Your Questions Answered	Children learn to answer each other's questions about puberty with confidence and seek support and advice when they need it	<ul style="list-style-type: none">• Children are able to answer their own questions about puberty and growing up• Children use appropriate language to discuss growing up and identify sources of information, support and advice for young children

Overview of SRE Curriculum – Upper Key Stage 2

Learning intentions and outcomes for RSE – Year 6

	Lesson Focus	Learning Intention	Learning Outcome
Year 6	What's All This About Puberty	Children learn about the changes that occur during puberty	<ul style="list-style-type: none"> • Children identify the physical, emotional and behaviour changes that occur during puberty for both males and females • Understand that puberty is individual and can occur between 8 -17 • Understand that body changes at puberty are a preparation for sexual maturity
Year 6	Becoming Men and Women	Children learn to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact	<ul style="list-style-type: none"> • Children understand how our attitudes and values about gender and sexuality may be affected by factors such as age, religion and culture
Year 6	Building Good Relationships	Children learn what values are important to them in relationships and appreciate the importance of friendships and intimate relationships	<ul style="list-style-type: none"> • Children identify positive qualities and expectations for a variety of relationships • Explain the similarities and differences between friendships and intimate relationship, including marriage • Understand that sex or making love may be one part of an intimate relationship between adults
Year 6	Sexual Relationships	Children learn about human reproduction in the context of the human life	<ul style="list-style-type: none"> • Children can understand that sexuality is expressed in a variety of ways between consenting adults • Children can describe how babies are made, including the relationship between sexual intercourse and conception • Children name the male and female sex cells and reproductive organs
Year 6	Conception and Pregnancy	Children learn how a baby is made and grows	<ul style="list-style-type: none"> • Children know the key male and female parts associated with conception and pregnancy • Children define conception and understand the importance of implantation in the womb • Children know what pregnancy is, where it occurs and how long it takes

Overview of SRE Curriculum – Upper Key Stage 2

Learning intentions and outcomes for RSE – Year 6

	Lesson Focus	Learning Intention	Learning Outcome
Year 6	Being a Parent	Children learn about the role and responsibilities of carers and parents	<ul style="list-style-type: none">• Children identify some of the skills and qualities needed to be a parent and carer• Understand the variety of ways in which parents and carers meet the needs of babies and children• Children recognise that both men and women can take on these roles and responsibilities
Year 6	Your Questions Answered	To answer each other's about sex and relationships with confidence and know where to find support and advice when they need it	<ul style="list-style-type: none">• Children can answer their own questions about sex and relationships• Use appropriate language to discuss sex and relationships with confidence• Can identify sources of information, support and advice for children and young people