



THE 5Bs OF REMOTE LEARNING at Tranmere Park Primary School



If you are finding your work challenging, or if you are beginning to find that you are totally stuck, remember your 5Bs and follow these steps to get straight back on track! You have more tools available to you than you realise, and an independent learner is one who chooses the correct tool for the job.

	<ul style="list-style-type: none"> - First, ASK A FRIEND – your friends, for the most part, will be working on the same thing that you are so ask a question on the class comments. - Next, ASK YOUR TEACHER - use the private comments to send your teacher a message. And, whilst you wait for the response, do the following: 1) Move on – try a different lesson. 2) Take a 5-minute break and allow yourself the mind break. - Finally, GET IN TOUCH. If you are still stuck, ask your teacher for a phone call or a Google Meet so that they can explain it to you!
	<ul style="list-style-type: none"> - First, TIMETABLE your day. To get the most out of online learning, you need to be organised. At the beginning of each day, choose the order that you will complete the lessons and allow yourself rest breaks in between each one. You could take these breaks at your normal play and lunch time. - Next, BELIEVE IN YOURSELF. The work set was carefully chosen by your teachers; they have set it because they believe you can, with the help of the teaching videos, tackle this new challenge. Now, all we need from you is for you to believe. <u>Be persistent. Be motivated. Be independent.</u> - Thirdly, CREATE A WORKSPACE. We all work best when we have space to work. Work from this space each day and ensure that it has all the things you may need for your lessons. - Fourthly, MANAGE DISTRACTIONS. We all know that we can't concentrate if the TV is on or if your phone is buzzing. Try and recreate your classroom at home. - Finally, DRESS TO IMPRESS. If you get up and dress for learning (this doesn't have to be school uniform), then you will approach the day with the right mindset.
	<ul style="list-style-type: none"> - GIVE YOURSELF BREAKS. You are not expected to work without stopping for the whole day. Now, it would be even better if this break included a break from screens so: - Get OUTSIDE. It is so important that you get outside, do some exercise and allow yourself time to feel refreshed before you tackle the next challenge.
	<ul style="list-style-type: none"> - First, RE-READ THE POST and look back at the instructions. Furthermore, if you chose the harder option, could you try the easier option first? - Next, WATCH AND RE-WATCH THE VIDEO. Most of our lessons have teaching videos attached to explain the learning thoroughly. If needs be, pause and re-watch the video until it is clear. - After that, LOOK BACK over the work you did earlier in the week. The previous day's lessons could unlock the current task. - Penultimately, MINDMAP. If you are stuck, you do not have to worry. Write down everything you do know about a subject as you may find this jogs your memory. - Finally, BREAK IT DOWN. By splitting a task into smaller, manageable steps, it can be less overwhelming.
	<ul style="list-style-type: none"> - First, COLLABORATE. We all know that we work better together, and we are proud to be 'Team Tranmere'. So, share your work and ideas with your friends and discuss how you tackled the learning. - Secondly, BE KIND. Everyone will be finding this lockdown challenging so make sure that you are being kind to others, helping where you can. - Finally, HELP your younger siblings. Your parents are working from home too and so, where you can, I'm sure they would appreciate you helping your younger brothers or sisters.

TEAM TRANMERE LEARNING BEHAVIOURS

