

# YOUR MENU

**Tranmere**

*Week 1*

W/C - 6/9/21, 27/9/21,  
18/10/21, 15/11/21, 6/12/21,  
10/1/22, 31/1/22

## MONDAY

Cheesy Bean Slice with  
Jacket Wedges (v)

Tikka Masala Curry with  
Rice (v)

Jacket Potato with Cheese  
and Salad (v)

Apple Sponge and Custard

## Tuesday

Hot Pork Baguette with  
Stuffing, Apple Sauce and  
Baby Baked Potatoes

Shepherd's Pie (ve)

Jacket Potato with Tuna

Ice Cream with Fresh Fruit  
Salad

**AVAILABLE DAILY**  
**YOGHURTS**  
AND  
**Fresh Fruit**

MENUS ARE SUBJECT  
TO AVAILABILITY



## Wednesday

Pasta Bolognaise

Vegan Sausage Roll with  
Jacket Wedges (ve)

Jacket Potato with BBQ  
Chicken

Banana Oaty Slice and  
Custard

RED TRACTOR STANDARDS



## THURSDAY

Roast Chicken with Yorkshire  
Pudding, Mashed and Roast  
Potatoes

Sausage with Yorkshire  
Pudding, Mashed and Roast  
Potatoes (v)

Fun Fruit Thursday



(v) = vegetarian  
(ve) = vegan

## FRIDAY

Lemon Sole Bites with  
Chips

Cheese & Onion Omelette  
with Chips (v)

Jacket Potato with Cheesy  
Baked Beans (v)

Chocolate Fudge Yoghurt  
Cake



# YOUR MENU

(v) = vegetarian  
(ve) = vegan

## FRIDAY

**Tranmere**

*Week 2*

W/C – 13/9/21, 4/10/21,  
1/11/21, 22/11/21,  
13/12/21, 17/1/22, 7/2/22

## MONDAY

Vegetable Pasta Bake (v)

BBQ Chicken-Style Wrap  
with Jacket Wedges (ve)

Jacket Potato with Boston  
Baked Beans (ve)

Seasonal Fruit Crumble  
with Custard

## Tuesday

Herby Diced Cottage Pie

Veggie Feast French Bread  
Pizza (v)

Jacket Potato with Chicken  
and Sweetcorn Filling

Rice Pudding

**AVAILABLE DAILY**  
**YOGHURTS**  
AND  
**Fresh Fruit**

MENUS ARE SUBJECT  
TO AVAILABILITY



## Wednesday

Chicken Curry with Rice

Creamy Cauliflower Pasta  
Bake (v)

Jacket Potato with Tuna

Ginger Cookie with Apple  
Wedges

RED TRACTOR STANDARDS



## THURSDAY

Roast Turkey with Yorkshire  
Pudding, Mashed and Roast  
Potatoes

Sausage with Yorkshire  
Pudding, Mashed and Roast  
Potatoes (v)

Jelly with Fresh Fruit Salad



Crispy Salmon Fillet with  
Jacket Wedges

Vegetable Nugget Wrap  
with Jacket Wedges (ve)

Jacket Potato with Cheese  
and Salad (v)

Chocolate Crispy Slice



# YOUR MENU

**Tranmere**

*Week 3*

W/C – 20/9/21, 11/10/21,  
8/11/21, 29/11/21, 3/1/22,  
24/1/21, 14/2/22

## MONDAY

Tortilla Pizza with Jacket  
Wedges (v)

Burger in a Bun with Relish  
and Herby Diced Potatoes  
(v)

Jacket Potato with Five  
Bean Chilli (ve)

Marble Sponge Traybake

## Tuesday

Lasagne with Crusty Bread

Curry with Rice (v)

Jacket Potato with Cheese  
and Coleslaw (v)

Oat Cookie with Fresh  
Fruit Wedges

**AVAILABLE DAILY**  
**YOGHURTS**  
AND  
**Fresh Fruit**

MENUS ARE SUBJECT  
TO AVAILABILITY



## Wednesday

Chicken Casserole with  
Dumplings

Super Five Pasta Bake (v)

Jacket Potato with Tuna

Strawberry Mousse with  
Fresh Fruit Salad

RED TRACTOR STANDARDS



## THURSDAY

Roast Pork with Yorkshire  
Pudding, Mashed and Roast  
Potatoes

Sausage with Yorkshire  
Pudding, Mashed and Roast  
Potatoes (v)

Cheese and Crackers with  
Apple Wedges and Grapes



(v) = vegetarian

(ve) = vegan

## FRIDAY

Fish Fingers Sandwich with  
Jacket Wedges

Herby Savoury Slice with  
Jacket Wedges (ve)

Jacket Potato with Cheese  
and Salad (v)

Pancakes with Berries and  
Yoghurt

