



KS1 Topic Homework - We Are What We Eat



Please complete a minimum of one task.

You may present your work in any way that you wish -models, songs, poems, videos or posters. The choice is yours!

We look forward to seeing some of your amazing creations.

All homework to be uploaded to Google Classroom or brought in to class no later than **Friday 20th May**.

Homework will be shared as a whole class during the last week of the half term.

	Task option 1	Task option 2
Remember	Have a visit to Harlow Carr Gardens in Harrogate and visit Giuseppe Arcimboldo sculptures. What fruits and vegetables have they used to create them? Take a photo and make a list of what food was used.	Make up a song about food and accompany it with 'kitchen instruments' (e.g. spoons on pans, bottles, graters, rice in a pot etc.).
Understand	Create, write and present a menu for a 'Healthy Cafe'.	Complete a survey or questionnaire that checks how much fruit your friends or relatives eat at school in a week. You can choose how to present your findings.
Apply	Create a 'Glossary' of cooking terms e.g. whisk, knead, stir fry, spoon.	Mix the primary colours (red, yellow and blue) to create the secondary colours (purple, green and orange). Now use these colours to paint a fruit basket.
Analyse	Make a jigsaw puzzle of a food item. How many people can you get to solve it and who is was the fastest?	Look carefully at one of your meals and analyse the types of food it contains.
Evaluate	Create a week-long diet or exercise programme for a family member or friend. How would you encourage them to be healthier?	Plan a healthy meal and calculate how much it would cost to make. Show your workings.
Create	Write a poem about food, fitness, staying healthy, cleanliness etc.	Start with 5 answers and make up the questions to go with them. Can you improve your questions? Make sure your questions don't all begin with the same word.