

Vocabulary and pictures for children:

Farms



Plants



Healthy



Diet



Unhealthy



Gardening



Flowers



Growing



Key questions for children to discuss with adults:

- Can you spot any signs of flowers growing in the environment?
- Can you spot and describe any signs of Spring time?
- Can you explain what plants and flowers need to help them grow?
- Can you draw a plant and label each part?
- Can you retell the story of Farmer Duck or Jasper's Beanstalk?
- Can you use information books (fact books / non-fiction books) to find out how plants grow?
- Can you find a recipe book and read the instructions? Then can you follow them to make the recipe?
- Can you write a shopping list?
- Can you talk about where food comes from?
- Can you talk about different types of food and find out which country or culture they are from?
- Can look at different food packages and find out where they have come from?
- Can you talk about what types of food are healthy and unhealthy and explain why?
- Can you talk about the different changes you might see when you cook different foods?

Key vocabulary – Can you help your child to be able to explain what these words mean?

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|------------------------|-------------|
| • Food | • Water |
| • Healthy | • Sun |
| • Unhealthy | • Change |
| • Diet | • Liquid |
| • Fruit and vegetables | • Solid |
| • Meat and fish | • Hard |
| • Dairy | • Soft |
| • Recycling | • Runny |
| • Soil | • Crispy |
| • Sow | • Plant pot |
| • Days of the week | • Germinate |