

MIGHTY MEALS MENU 2026

Great school lunches designed to **help young people grow and thrive** in everything they do!
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

School: Tranmere Park Primary
N3JP Week ONE



W/C 01/09/26, 21/09/26, 12/10/26, 02/11/26,
23/11/26, 14/12/26, 04/01/27, 25/01/27

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Mains

Frankfurter Pizza
(V)(H)
Jacket Wedges
Fresh Salad

Beef Spaghetti
Bolognese

Chicken
Shawarma Wrap
Sunshine Rice

Roast Gammon
Yorkshire Pudding
Roast & Mashed
Potato
Gravy

Battered Fish (H)
Chips

Meat Free

Margherita Pizza
(V)(H)
Jacket Wedges
Fresh Salad

Cheese and
Bean Wrap
(V)(H)
Herby Diced
Potatoes

Mixed Pepper
Omelette (V)(H)
Jacket Wedges

Vegetarian Sausage
(VE)(H)
Yorkshire Pudding
Roast & Mashed
Potatoes
Gravy

Vegetarian
Meatballs in
Homemade Tomato
and Herb Sauce
(V)(H)
Chips

Spud Station

Jacket Potato
with Cheddar
Cheese
(V)(H)

Jacket Potato
with Baked
Beans (VE)(H)

Jacket Potato
with Tuna
Mayonnaise (H)

Jacket Potato
with Cheddar
Cheese (V)(H)

Desserts

Ice Cream with
Toffee Sauce &
Peaches

Pineapple
Sponge with
Creamy Custard

Cherry &
Coconut
Flapjack Bite
with Fresh Fruit

Fun Fruit
Thursday

Cheesecake
topped with
Mandarin
Oranges

YUM!

In addition to
our delicious
desserts your
child can also
choose:



OR



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School: Tranmere Park Primary
N3JP Week TWO

W/C 07/09/26, 28/09/26, 19/10/26, 09/11/26,
30/11/26, 11/01/27, 01/02/27



YUM!

**In addition to
our delicious
desserts your
child can also
choose:**



OR



Mains

MONDAY

Margherita
Tortilla Pizza
(V)(H)
Homemade
Jacket Wedges

TUESDAY

Chicken Pie
Mashed Potato

WEDNESDAY

Chicken Tikka
Masala Curry
Rice

THURSDAY

Roast Pork
Yorkshire Pudding
Roast Potatoes
Gravy

FRIDAY

Crispy Salmon
Fillet (H)
Tomato Ketchup
Chips

Meat Free

Creamy
Coconut
Chickpea Curry
(V)(H)
Rice

Vegetarian
Sausage (VE)(H)
Mashed Potato

Mediterranean
Pasta Bake
(V)(H)

Vegetarian Grill
(VE)(H)
Yorkshire Pudding
Roast Potatoes
Gravy

Vegetarian All
Day Breakfast
(V)(H)

Spud Station

Jacket Potato
with Creamy
Coconut
Chickpea Curry
(V)(H)

Jacket Potato
with Cheddar
Cheese (V)(H)

Jacket Potato
with Tuna
Mayonnaise (H)

Jacket Potato
with Baked
Beans (VE)(H)

Desserts

Fresh Fruit & Yoghurt
available daily.

Chocolate
Sponge with
Chocolate
Sauce

Apple Flapjack
Apple Flapjack
Bite with Fresh
Fruit Wedges

Fun Fruit
Wednesday

Cheddar Cheese
with Crackers &
Grapes

Shortbread
Cookie with
Fresh Fruit
Wedges



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School: Tranmere Park Primary
N3JP Week THREE

W/C 14/09/26, 05/10/26, 16/11/26, 07/12/26,
18/01/27, 08/02/27



YUM!

**In addition to
our delicious
desserts your
child can also
choose:**



OR



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Mains

Margherita
Flatbread Pizza
(V)(H)
Homemade
Jacket Wedges

Chicken Curry
With Rice

Beef Shepherd's
Pie

Pork Sausage
Yorkshire Pudding
Roast & Mashed
Potato
Gravy

Fish Fingers (H)
Chips

Meat Free

Vegetarian
Lasagne (V)(H)
Crusty Bread

Super Five Pasta
Bake (V)(H) with
Homemade
Garlic Bread

Crispy
Vegetarian
Dippers (V)(H)
Diced Potatoes

Vegetarian Sausage
(VE)(H)
Yorkshire Pudding
Roast & Mashed
Potato
Gravy

Sticky Quorn
Wrap (VE)(H)
Chips

Spud Station

Jacket Potato
with Cheddar
Cheese (V)(H)

Jacket Potato
with Cheesy
Coleslaw (V)(H)

Jacket Potato
with Tuna
Mayonnaise (H)

Jacket Potato
with Baked
Beans (VE)(H)

Desserts

Frozen
Strawberry
Yoghurt with
Berry Sauce

Custard Cream
Traybake
Fresh Fruit
Wedges

Mini Ring
Doughnut with
Chocolate Ice
Cream

Jelly with Fresh
Fruit Salad

Ginger Cookie
Fresh Fruit
Wedges

